

Clerk of the House of Representatives
Legislative Resource Center
B-106 Cannon Building
Washington, DC 20515

Secretary of the Senate
Office of Public Records
232 Hart Building
Washington, DC 20510

<http://lobbyingdisclosure.house.gov>

<http://www.senate.gov/lobby>

LOBBYING REGISTRATION

Lobbying Disclosure Act of 1995 (Section 4)

Check One: New Registrant New Client for Existing Registrant Amendment

1. Effective Date of Registration 03/11/2009

2. House Identification 32029

Senate Identification 8316

REGISTRANT Organization/Lobbying Firm Self Employed Individual

3. Registrant Carmen Group Incorporated

Address 1919 Pennsylvania Avenue, NW, Fifth Floor Address2 _____

City Washington State DC Zip 20006 - Country USA

4. Principal place of business (if different than line 3)

City _____ State _____ Zip _____ - Country _____

5. Contact name and telephone number

International Number

Contact Michael E. Russell Telephone (202) 785-0500 E-mail russellm@carmengroup.com

6. General description of registrant's business or activities

Government Relations

CLIENT *A Lobbying Firm is required to file a separate registration for each client. Organizations employing in-house lobbyists should check the box labeled "Self" and proceed to line 10.* Self

7. Client name Healthfirst

Address 25 Broadway

City New York State NY Zip 10004 - Country USA

8. Principal place of business (if different than line 7)

City _____ State _____ Zip _____ - Country _____

9. General description of client's business or activities

Ensuring access to superior health care and exceptional customer service for its members

LOBBYISTS

10. Name of each individual who has acted or is expected to act as a lobbyist for the client identified on line 7. If any person listed in this section has served as a "covered executive branch official" or "covered legislative branch official" within twenty years of first acting as a lobbyist for the client, *state the executive and/or legislative position(s) in which the person served.*

Name			Covered Official Position (if applicable)
First	Last	Suffix	
John	Ladd		
William	Signer		
David	Carmen		
Aron	Griffin		

LOBBYING ISSUES

11. General lobbying issue areas (Select all applicable codes).

MMM _____

12. Specific lobbying issues (current and anticipated)

NA

AFFILIATED ORGANIZATIONS

13. Is there an entity other than the client that contributes more than \$5,000 to the lobbying activities of the registrant in a quarterly period and either actively participates in and/or in whole or in major part plans, supervises or controls the registrant's lobbying activities?

No --> Go to line 14.

Yes --> Complete the rest of this section for each entity matching the criteria above, then proceed to line 14.

Internet Address: _____

Name	Address			Principal Place of Business	
	Street City	State/Province	Zip Code	Country	City
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

FOREIGN ENTITIES

14. Is there any foreign entity

- a) holds at least 20% equitable ownership in the client or any organization identified on line 13: or
- b) directly or indirectly, in whole or in major part, plans, supervises, controls, directs, finances or subsidizes activities of the client or any organization identified on line 13; or
- c) is an affiliate of the client or any organization identified on line 13 and has a direct interest in the outcome of the lobbying activity?

No --> Sign and date the registration.

Yes --> Complete the rest of this section for each entity matching the criteria above, then sign the registration.

Name	Address			Principal place of business (city and state or country)	Amount of contribution for lobbying activities	Ownership %
	Street City	State/Province	Country			
_____	_____	_____	_____	_____	_____	_____ %
_____	_____	_____	_____	_____	_____	_____ %

Signature Filed Electronically

Date 04/07/2009

Printed Name and Title Michael E. Russell - Chief Financial Officer